

Furness Sure Start Children's Centres (Barrow Early Help)

Global
What's On
November
2015



Please check with the centre that your activity is running - things sometimes change especially in school holidays

Venue	Monday	Tuesday	Wednesday	Thursday	Friday
Greengate Children's Centre LA14 1BG 01229 821855 Judith Aitken *running at Abbotsvale Community Centre Tel: 01229 830900	Universal 0-2 (Baby Time) 9.30 - 10.30am (2 nd , 9 th , 16 th , 30 th)	Post Natal Course (Baby Days) 10.30 - 12 noon	Midwives Clinic (Appointments Only) 9.15 - 12noon Breastfeeding Support Group 10.00 - 11.30am Ante Natal Course (Great Expectations) 1.00 - 2.30pm Post Natal Course (Baby Days) Booking Essential 1.30 - 3.30pm This course is full but you can book for January. Short Breaks 5-8 (Lego Group) For children with additional needs. 4.30 - 6.30pm	Health Visitors Baby Clinic 9.30 - 11.30am Short Breaks 0-4 (Playmax) at Leisure Centre 1.00 - 3.00pm A drop in for children with additional needs. In the sensory room at the Park Leisure Centre (Contact Bernie 01229 821825 or Stacey 01229 827323)	Incredible Years 09:30 - 11:30am Booking Essential
	Universal 0-2 (Inbetweens) 11.00 - 12noon (2 nd , 9 th , 16 th , 30 th)	Universal School Readiness (Toddler Time) 10.00 - 11.30am	Ante Natal - Booking in Clinic 12.30 - 3.30pm	Triple P Booking Essential 9.30 - 11.30am	Universal 0-2 (Inbetweens) 9.30 - 10.30am
	Contact Centre (for non-residential parents) 4.00 - 7.00pm	Parent Forum - (Chataway) (Term Time Only) 09.00 - 11.00am Ante-Natal Course - (Great Expectations) 09:30 - 11:00am HENRY Booking Essential 12.30 - 2.30pm	Short Breaks 5-8 (Lego Group) at Greengate Centre For children with additional needs 4.30 - 6.30pm	Short Breaks 0-4 (Playmax) at Leisure Centre 1.00 - 3.00pm (See Greengate for details)	Universal 0-2 (Baby Time) 11.00am - 12.30pm
Hindpool Children's Centre LA14 5TS 01229 827300 Alicia Beswick	Universal School Readiness (Little Learners) 9.30 - 11.00am (9 th , 16 th , 30 th)	Healthy Eating (Cook and Eat - HI 5!) Booking Essential 09:30 - 11:00 (10 th , 17 th , 24 th)	Universal School Readiness (Little Learners) 10.00 - 11.30am Short Breaks 5-8 (Lego Group) at Greengate Centre For children with additional needs 4.30 - 6.30pm	Short Breaks 0-4 (Playmax) at Leisure Centre 1.00 - 3.00pm (See Greengate for details)	Parent & Toddler 10.00 - 12noon £1 charge for a drink, biscuit and fruit.
	Post Natal Course (Baby Days) Booking Essential 1.00 - 2.30pm (9 th , 16 th , 30 th)	Universal 0-2 (Baby Time) 1:00 - 2.30pm (9 th , 16 th , 30 th)	Health Visitors Baby Clinic 1.00pm - 3.00pm		
Ormsgill Children's Centre LA14 4BP 01229 877220 Lisa Morrow	Universal 0-2 (Inbetweens) 1.30 - 2.30pm (9 th , 16 th , 30 th)				

Some of our sessions have now changed following the new delivery plan so please contact the centre before you attend if you are unsure of what the session is that you are thinking of attending.
Thank you for your continued support.

Venue	Monday	Tuesday	Wednesday	Thursday	Friday
Bram Longstaffe Children's Centre LA14 2RX 01229 821825 Ashleigh Dobson	Universal PNI Group 09:30 – 11:00am (9 th , 16 th)	Incredible Years (Invite Only) 9.30 - 11.30am Post Natal Course (Baby Days) Booking Essential 1.30 - 3.00pm	Health Visitors Baby Clinic 10:00 - 11.30am (4 th , 8 th) Universal 0-2 (Baby Time) 1.30 - 3.00pm Short Breaks 5-8 (Lego Group) at Greengate Centre For children with additional needs 4.30pm - 6.30pm	Short Breaks 0-4 (Playmax) at Leisure Centre 1.00 - 3.00pm (See Greengate for details)	Universal School Readiness (Toddler Time) 9.30 – 11.00am (6 th , 20 th , 27 th)
Walney Children's Centre LA14 3NT 01229 471655 Marjorie Fallows			Universal School Readiness (Toddler Time) 9.30 - 11.00am Short Breaks 5-8 (Lego Group) at Greengate Centre For children with additional needs 4.30 - 6.30pm	HENRY (Invite Only) 09:30 – 11:30am (5 th , 12 th , 19 th) Universal 0-2 (Baby Time) 1.30 - 3.00pm Short Breaks 0-4 (Playmax) at Leisure Centre 1.00 - 3.00pm (See Greengate for details)	
Newbarns Children's Centre LA13 9ET 01229 827323 Claire Linton *running at Abbotsvale Community Centre Tel. 01229 830900	Universal School Readiness (Tea & Toast) 9.00 - 10.30am Post Natal Course (Baby Days) 10.00am - 11.30am Breastfeeding Support 10.30am – 12noon. Universal 0-2 (Inbetweens) 1.00 - 2.30pm (16 th , 30 th)	Triple P Booking Essential 9.00 -12noon Grandparents Support 10.00 - 11.30am Childminder Drop in 1.00pm – 3.00 pm	Connecting Mums Booking Required 9.00 -10.30am HENRY 12.30 - 2.30pm Short Breaks 5-8 (Lego Group) at Greengate Centre For children with additional needs 4.30 - 6.30pm	Universal 0-2 (Baby Explorers) 10.00 - 11.30am (19 th , 26 th) Positive You 12 noon - 3.00pm First Aid Drop In 12:30 – 2:30pm Short Breaks 0-4 (Playmax) at Leisure Centre 1.00 - 3.00pm (See Greengate for details)	Universal School Readiness – All about me (Little Learners) (20 th , 27 th) 10.00 - 11.30am *Health Visitor Baby Clinic 9.30 - 11.00am
Dalton Children's Centre LA15 8AQ 01229 407790 Claire Linton	Universal 0-2 (Baby Time) 9.30 -10.45am Universal 0-2 (Inbetweens) 10.45 -11.45am	Post Natal Course (Baby Days) Contact the Centre for details 9.45 -10.45am Universal School Readiness (Toddler Time) 1.00 - 2.30pm	Ante Natal Course (Great Expectations) 3.00 - 4.30pm Short Breaks 5-8 (Lego Group) at Greengate Centre For children with additional needs. 4.30 - 6.30pm	Health Visitors Baby Clinic 9.15 -11.15am Connecting Mums 9.15 -11.15am Breastfeeding Group (Bumps and Babies) 11.00 -12.30pm Short Breaks 0-4 (Playmax) at Leisure Centre 1.00 - 3.00pm (See Greengate for details)	

We also offer other services including:

Family Support in the Centres and in your own home - **PNI Support** by Appointments only at **Bram Longstaffe & Walney Children's Centres**
Parents with Prospects & Young Parents to Be 10.00am-2.00pm **Tue-Wed weekly** An accredited level 1 course for parents aged 22 and under at **Brisbane Park Annexe**

Please contact your local Centre for more information

Useful Numbers
CHoC
03000 247 247
Breastfeeding Helpline
0300 100 0212

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